



CHECK OUT THE S.T.A.R.S. PROGRAMS
“Senior Time Activities for Residents of Springettsbury”

Springettsbury Township and White Rose Senior Center are proud to bring you a variety of classes to adults 50 and over.

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person, 50 and over, are welcome to attend. The Spring 2019 classes are as follows:

S.T.A.R.S.
Senior Time Activities for Residents of Springettsbury
For Active Adults 50 and Over

STARS Program

Class: Around the World in 30 Minutes

It's a small world and we will circle the globe with 30 minute recipes! Deb Bixler has arranged our travel menu to include West African Peanut Chicken Soup, a visit to France for Salmon Provençal, an easy Japanese Yakisoba Noodle Stir Fry, a traditional Mexican Guacamole, and good ole fashioned Skillet Cornbread from the Deep South!

Instructor: Deb Bixler

Date: March 27, 2019

Day: Wednesday

Time: 2:00 – 4:00pm

Location: Commonwealth Fire Company

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township

Prior to Class

Maximum for Class: 30 Participants

STARS Program

Class: Needlefelted Easter Bunny

Let's get ready for Easter by making this adorable Needlefelted Easter Bunny complete with his basket of eggs. Mary Jane Miller will teach students how to needlefelt using a special barbed needle and wool roving. Some needle felting experience is helpful but not necessary.



Supplies: (Car Wash Sponge) for felting on; Scissors

Instructor: Mary Jane Miller

Date: April 2, 2019

Day: Tuesday

Time: 2:00 – 4:00pm

Location: Springettsbury Township Farmhouse

Cost: R-\$10.00 NE-\$15.00 Payable to Springettsbury

Township Prior to Class

Maximum for class: 20 Participants



STARS Program

Class: Make a Gourd Bunny

Marti Leader will show you how to make the most precious bunny out of a gourd. You will paint the basket of eggs, hands, and face and add the embellishments to make a decoration you will enjoy each Easter season!

Supplies: Scissors

Instructor: Marti Leader

Date: April 9, 2019

Day: Tuesday

Time: 2:00 – 4:00pm

Location: Springettsbury Township Farmhouse

Cost: R-\$10 NR-\$15 Payable to Springettsbury

Township Prior to Class


Maximum for Class: 10 participants



STARS Program

Class: Needlefelted Zipper Pouch

Zipper pouches will be ready for you to needlefelt a simple floral design, or a design of your own choice, to welcome spring! Using wool roving and a special barbed needle, Mary Jane Miller will teach students how to transfer the design onto felt and then needle it. Touches of embroidery may be added but it is optional. The pouch is finished by stitching a blanket stitch around the outside. The pouch measures 5" x 8". No felting experience is necessary.

Supplies:  (Car Wash Sponge) for felting on; Scissors; Straight Pins, size 24
Chenille Needle

Instructor: Marty Jane Miller

Date: May 7, 2019

Day: Tuesday

Time: 2:00 – 4:00pm

Location: Springettsbury Township Farmhouse

Cost: R-\$10 NR-\$15 Payable to Springettsbury

Township Prior to Class

Maximum for Class: 20 Participants



STARS Program

Class: A Very Berry Day

All about strawberries - Just in time for picking your own strawberries for the season, this class will feature several recipes with strawberries. Deb Bixler will prepare, share recipes, and offer you a sample of the following: Pecan Crusted Strawberry Chicken, Strawberry Salad, Strawberry Pie, Strawberry Bread, and Strawberry Rhubarb Cobbler. All of this adds up to a very berry day!

Instructor: Deb Bixler

Date: May 15, 2019

Day: Wednesday

Time: 2:00 – 4:00pm

Location: Commonwealth Fire Company

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 30 Participants

STARS Program

Class: Bingo and Lunch Aroma Buffet & Grill

White Rose Senior Center and Springettsbury Township offer “Bingo” at Aroma Buffet & Grill. Prizes will be given to all of the winners. Lunch will be served prior to Bingo. Come and join in the fun!

Date: May 21, 2019

Day: Tuesday

Time: 11:00 – 1:30pm

Location: Aroma Buffet & Grill – 2801 E. Market St, York, PA 17402

Cost: \$5.00 payable to Springettsbury Township prior to the class for bingo. (No Resident / Non-Resident Differentiation); Lunch is on your own. (Approximately \$7.20 buffet, \$1.50 beverage; 15% gratuity charged to groups of 8 or more)



To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$10.00 registration fee for each class (except Bingo which is \$5.00) and if you are not a resident of Springettsbury Township there is an additional \$5.00 towards the class with the exception being for Bingo. The money is due prior to the class or program! Please mark the class or classes you are signing up for in the memo section of your check.

Mail your Registration Form and Check (if applicable) to:
 Springettsbury Township
 1501 Mt. Zion Rd.
 York, PA 17402

For additional questions, contact Lisa Krout at White Rose Senior Center (843-9704) or Brandie Roberts at Springettsbury Township (757-3521).

REGISTRATION FORM

Name _____ Address _____
 City, State, Zip _____
 Home Phone _____ Work Phone _____ Email _____
 Emergency Contact: Name/Phone _____
 Date of Birth _____

Participant's Name	Course Name/Date	Fee - \$10.00 Resident or \$15 Non-Resident/class	Office Use Only
			Check #
			Receipt #
			Cash

Waiver of liability: I, the above named candidate for participation in the above named activity, hereby, waive any claim for bodily injury or property damage against the Springettsbury Township Recreation Department, its agents, servants and/or employees while a participant in the above named activity.

_____ Do not send cash. Make checks **Total Payment \$** _____
 Signature of payable to Springettsbury
 Participant Township Recreation.
 1501 Mt. Zion Rd., York, PA 17402

___ Check here if this is the **first time** you have registered for any activity with us. Additional registration forms are available for downloading from the following website:
www.springettsbury.com