



**CHECK OUT THE S.T.A.R.S. PROGRAMS**  
“Senior Time Activities for Residents of Springettsbury”

Springettsbury Township and White Rose Senior Center are proud to bring you a variety of classes to adults 50 and over.

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person, 50 and over, are welcome to attend. The Spring 2020 classes are as follows:

**S.T.A.R.S.**  
**Senior Time Activities for Residents of Springettsbury**  
**For Active Adults 50 and Over**

**STARS Program**

Class: It’s All About Chicken!!!

Everyone loves chicken so today, Deb Bixler will bring you some new dishes to add to your repertoire! Bang – Bang Chicken Taquitos, Curried Chicken Soup, Stuffed Chicken Parmesan are fun, fast, and healthy recipes your family will LOVE! Samples and recipes will be provided.

Instructor: Deb Bixler

Date: March 18, 2020

Day: Wednesday

Time: 2:00 – 4:00pm

Location: Commonwealth Fire Company

3501 North Sherman Street

Cost: R-\$10.00 NE-\$15.00 Payable to Springettsbury

Township Prior to Class

Maximum for class: 30 Participants



## STARS Program

Class: Carrots Sold Here Plaque

Marti Leader will help you make this adorable sign just in time for Easter decorating. It is fun and easy! Marti will bring all of the Easter embellishments for your project!

Supplies: Scissors

Instructor: Marti Leader

Date: March 24, 2020

Day: Tuesday

Time: 2:00 – 4:00pm

Location: Wastewater Treatment Plant

3501 North Sherman Street



Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 12 Participants

## STARS Program

Class: Needlefelted Spring Picture

Let's start the spring session with this needlefelted scene with a house and two cute bunnies. Mary Jane Miller will show you how to use a special barbed needle and wool rooving to create this project. Easy enough for beginner as well as "seasoned needlefelters"!

Supplies: Car Wash Sponge , Scissors

Instructor: Mary Jane Miller

Date: April 7, 2020

Day: Tuesday

Time: 2:00 – 4:00pm

Location: Wastewater Treatment Plant

3501 North Sherman Street



Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior to Class

Maximum for Class: 20 participants

### STARS Program

Class: Bingo and Lunch Aroma Buffet & Grill

White Rose Senior Center and Springettsbury Township offer “Bingo” at Aroma Buffet & Grill. Prizes will be given to all of the winners. Lunch will be served prior to Bingo. Come and join in the fun!

Date: April 22, 2020

Day: Wednesday

Time: 11:00 – 1:30pm

Location: Aroma Buffet & Grill – 2801 E. Market St, York, PA 17402

Cost: \$5.00 payable to Springettsbury Township prior to the class for bingo. (No Resident / Non-Resident Differentiation); Lunch is on your own. (Approximately \$7.20 buffet, \$1.50 beverage; 15% gratuity charged to groups of 8 or more)



### STARS Program

Class: Needlefelted Bee Skep

Summer brings the honey bees out of their hives to gather honey. Mary Jane Miller will help you create a bee skep of your own complete with bees! Wool roving and barbed needles will be used for this project. No needlefelting experience is necessary.

Supplies: Car Wash Sponge  , Scissors

Instructor: Mary Jane Miller

Date: May 12, 2020

Day: Tuesday

Time: 2:00 – 4:00pm

Location: Wastewater Treatment Plant

3501 North Sherman Street

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior to Class

Maximum for Class: 20 Participants



## STARS Program

Class: Super Sensational Simple Summer Salad Solutions

Salads are fun and easy to make from scratch. On the menu, Deb Bixler will offer Shaved Asparagus Salad, Buttermilk-Basil Dressed Cherry Tomato Salad, and 5 simple summer salad dressings PLUS crispy radish croutons! We will enjoy Deb's Top Secret Strawberry Lemonade and finish up with a Rhubarb Upside Down Cake! Samples and recipes will be provided.

Instructor: Deb Bixler

Date: May 28, 2020

Day: Thursday

Time: 2:00 – 4:00pm

Location: Commonwealth Fire Company

3501 North Sherman Street

Cost: R-\$10.00 NE-\$15.00 Payable to Springettsbury Township Prior to Class

Maximum for class: 30 Participants



To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$10.00 registration fee for each class (except Bingo which is \$5.00) and if you are not a resident of Springettsbury Township there is an additional \$5.00 towards the class with the exception being for Bingo. The money is due prior to the class or program! Please mark the class or classes you are signing up for in the memo section of your check.

Mail your Registration Form and Check (if applicable) to:  
 Springettsbury Township  
 1501 Mt. Zion Rd.  
 York, PA 17402

**For additional questions, contact Lisa Krout at White Rose Senior Center (717-843-9704) or Brandie Roberts at Springettsbury Township (717-757-3521).**

**REGISTRATION FORM**

Name \_\_\_\_\_ Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Emergency Contact: Name/Phone \_\_\_\_\_  
 Date of Birth \_\_\_\_\_

Participant's Name	Course Name/Date	Fee - \$10.00 Resident or \$15 Non-Resident/class	Office Use Only
			Check #
			Receipt #
			Cash

Waiver of liability: I, the above named, candidate for participation in the above named, activity, hereby, waive any claim for bodily injury or property damage against the Springettsbury Township Recreation Department, its agents, servants and/or employees while a participant in the above named, activity.

\_\_\_\_\_ Do not send cash. Make checks **Total Payment \$** \_\_\_\_\_  
 Signature of payable to Springettsbury  
 Participant Township Recreation.  
 1501 Mt. Zion Rd., York, PA 17402

\_\_\_ Check here if this is the **first time** you have registered for any activity with us. Additional registration forms are available for downloading from the following website:  
[www.springettsbury.com](http://www.springettsbury.com)