



CHECK OUT THE S.T.A.R.S. PROGRAMS “Senior Time Activities for Residents of Springettsbury”

Springettsbury Township and White Rose Senior Center are proud to bring you a variety of classes to adults 50 and over.

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person, 50 and over, are welcome to attend. The Summer 2019 classes are as follows:

S.T.A.R.S. Senior Time Activities for Residents of Springettsbury For Active Adults 50 and Over!

STARS Program

Class: Flip Flop Coasters

Marti Leader will show you how to make the most adorable and fun project for your summer entertaining! Your beverages/wine glass will fit right nice in this flip flop!

Supplies: LARGE pair of flip flops from the Dollar Store; Scissors

Instructor: Marti Leader

Date: June 11, 2019

Day: Tuesday

Time: 2:00 – 4:00 PM

Location: Springettsbury Township Farmhouse

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior to Class

Maximum for the Class: 10 Participants



STARS Program

Class: Needlefelted Pink Flamingo

Let's get ready for summer with this bright friendly needlefelted Pink Flamingo. Mary Jane Miller will teach you the basics of this fun craft. We will use a special barbed needlefelting needle and wool roving to create this fun fellow! No experience is necessary.

Supplies: Bring a Car Wash Sponge to work on.

Instructor: Mary Jane Miller

Date: June 25, 2019

Day: Tuesday

Time: 2:00 – 4:00 PM

Location: Springettsbury Township Farmhouse

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior to Class

Maximum for the Class: 20 Participants



STARS Program

Class: Vegetable Jazz-er-cise!

Deb Bixler will share some new and interesting ways to do go meatless or to excite your side dishes. At this class you will learn how to jazz up your vegetables with Sesame Balsamic Roasted Brussel Sprouts, Broccoli & Avocado Grilled Cheese, Caramelized Onion Cauliflower, Asparagus with Honey Mustard Nutty Sauce, and more. Recipes and sample will be provided!

Instructor: Deb Bixler

Date: July 9, 2019

Day: Tuesday

Time: 2:00 – 4:00 PM

Location: Commonwealth Fire Company

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior to Class

Maximum for the Class: 30 Participants

STARS Program

Class: Make a Paper Flower Arrangement

Come and learn the art of making paper flowers using a variety of mediums such as of textured papers, crepe paper, tissue paper, and even coffee filters. Marti Leader is an excellent instructor who will supply all of the paper mediums and a vase to put your arrangement into to display at your home!

Supplies: School Glue; Scissors

Instructor: Marti Leader

Date: July 23, 2019

Day: Tuesday

Time: 2:00 – 4:00 PM

Location: Springettsbury Township Farmhouse

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior to Class

Maximum for the Class: 10 Participants



STARS Program

Class: Needlefelted Witch

Let's have fun making a spooky and colorful Halloween Witch. Mary Jane Miller will teach you the basics of making a needlefelted body using wool roving and a special barbed needle. Students will then add colors to dress her and make her pointed witch hat. Some needle felting experience is helpful but not necessary.

Supplies: Bring a car wash sponge to work on.

Instructor: Mary Jane Miller

Date: August 6, 2019

Day: Tuesday

Time: 2:00 – 4:00 PM

Location: Springettsbury Township Farmhouse

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior to Class

Maximum for the Class: 20 Participants



STARS Program

Class: Bingo and Lunch at Aroma Buffet & Grill

White Rose Senior Center and Springettsbury Township offer “Bingo” at Aroma Buffet & Grill. Prizes will be given to all of the winners.

Lunch will be served prior to Bingo.

Come and join in the fun!

Date: August 20, 2019

Day: Tuesday

Time: 11:00 – 1:30 PM

Location: Aroma Buffet & Grill – 2801 E. Market St., York, PA 17402

Cost: \$5.00 Payable to Springettsbury Township Prior to Class for bingo. (No Resident/Non-Resident Differentiation); Lunch is on your own. (Approximately \$7.20 buffet; \$1.50 beverage; 15% gratuity charged to groups of 8 or more.)



To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$10.00 registration fee for each class (except Bingo which is \$5.00) and if you are not a resident of Springettsbury Township there is an additional \$5.00 towards the class with the exception being for Bingo. The money is due prior to the class or program! Please mark the class or classes you are signing up for in the memo section of your check.

Mail your Registration Form and Check (if applicable) to:
 Springettsbury Township
 1501 Mt. Zion Rd.
 York, PA 17402

For additional questions, contact Lisa Krout at White Rose Senior Center (843-9704) or Brandie Roberts at Springettsbury Township (757-3521).

REGISTRATION FORM

Name _____ Address _____
 City, State, Zip _____
 Home Phone _____ Work Phone _____ Email _____
 Emergency Contact: Name/Phone _____
 Date of Birth _____

Participant's Name	Course Name/Date	Fee - \$10.00 Resident or \$15 Non-Resident/class	Office Use Only
			Check #
			Receipt #
			Cash

Waiver of liability: I, the above named candidate for participation in the above named activity, hereby, waive any claim for bodily injury or property damage against the Springettsbury Township Recreation Department, its agents, servants and/or employees while a participant in the above named activity.

_____ Do not send cash. Make checks **Total Payment \$** _____
 Signature of payable to Springettsbury
 Participant Township Recreation.
 1501 Mt. Zion Rd., York, PA 17402

___ Check here if this is the **first time** you have registered for any activity with us. Additional registration forms are available for downloading from the following website:
www.springettsbury.com