

HIGHLIGHTS

Millek's Sub Sale from December 1st through Wednesday December 20th. Delivery on Wednesday December 27th

Wednesday December 6th 10:00 **PA Health & Wellness**

Thursday December 7th 10:00-1:00 **Commodity Supplemental Food Box for Seniors with the Cheese Distribution** (Must come inside for your box), Puzzle Packets

Tuesday December 12th 9:00-12:00 **Beltone Hearing Screenings & Cleanings!** Must be signed up.

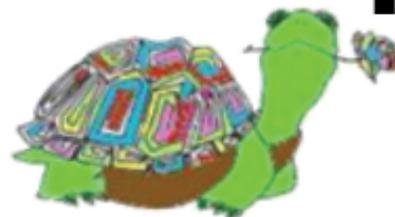
Wednesday December 13th 10:00 **Equine Singers Performance**

Friday December 15th 10:00 **Salvation Army Christmas Box Delivery** (Must have registered in November)

Monday December 18th 10:00 **All American Care**

Wednesday December 20th 11:30 **Christmas Special Meal Lunch**

Friday December 28th 10:00 **New Year's Eve Party Potluck** (Please remember, all items must be store bought and pre-packaged!)



THE ROSE

White Rose Senior Center

**27 South Broad Street
York PA. 17403
717-843-9704**

MONDAY THROUGH FRIDAY
OFFICE HOURS: 8:00 A. M. – 4:00 P. M.
IN PERSON: 9:00 AM – 2:00 PM
www.whiteroseseniorcenter.org



Technology Power Session – Computer Basics



December 6 @ 2:00 pm - 3:00 pm

Technology Power Session



Boost your computer skills with a Technology Power Session at Martin Library! Power Sessions are hosted in the Adult Computers area on the library's Lower Level.

Martin Library's **Computer Basics Power Session** is for first-time computer users. In this Power Session, you will learn how to use a mouse, navigate a computer screen, and visit a website. A **Computer Basics Power Session** is held every Wednesday at 2:00 PM, and no registration is required.

December

A Christmas Story

- Day 1: Micah 5:2
- Day 2: Isaiah 7:14
- Day 3: Psalm 72:9-11
- Day 4: Jeremiah 31:15
- Day 5: Numbers 24:17
- Day 6: Isaiah 11:1-2
- Day 7: Luke 1:26-28
- Day 8: Luke 1:29-31
- Day 9: Luke 1:32-33
- Day 10: Luke 1:34-35
- Day 11: Luke 1:37-38
- Day 12: Luke 1:46-48
- Day 13: Luke 1:49-50
- Day 14: Luke 1:51-52
- Day 15: Luke 1:53-55
- Day 16: Luke 1:67-69
- Day 17: Luke 2:7
- Day 18: Luke 2:8-9
- Day 19: Luke 2:10-11
- Day 20: Luke 2:13-14
- Day 21: Luke 2:29-32
- Day 22: Luke 2:33-35
- Day 23: Matthew 2:1-2
- Day 24: Matthew 2:10-11
- Day 25: Matthew 2:16-18
- Day 26: John 1:1
- Day 27: John 1:4-5
- Day 28: John 1:14
- Day 29: John 1:15-16
- Day 30: 1 John 5:1
- Day 31: Romans 8:2-3

Kingdom Bloggers



Deck the Halls

Your participation/financial contribution will support WRSC initiatives.

\$10 Centerpiece (20 Tables, 20 Table Centerpieces to be sponsored!) This is for decoration only. For \$10.00, you can sponsor your table's centerpiece. The incentive? If you purchase a Centerpiece, your table gets to go for lunch in the order your Centerpiece is purchased). Christmas Centerpieces to be placed on Tables on December 1st.

Sponsor our Tree Decorating Initiative!

Diamond Sponsor Light the Tree: \$50.00

Platinum Sponsor Tree Topper: \$50.00

Gold Sponsor Large Ornaments: \$6.00 each

Silver Sponsor Medium Ornaments: \$4.00 each

Bronze Sponsor Small Ornaments: \$2.00 each

Santa's Naughty or Nice Mystery

Gifts \$5.00 each

WELCOME

Ronald Hunt
Judy Buchanan
Suzy Maymi
Maria Andino
Angel Gonzalez
Michael Dowling
Juana Veney
Cleo Stewart
Carmen Vazquez
Albert Wilson

Karen Burd
Elsie Rivera
Karen Howe
Kathleen Tandler
Valerie Gordon
Elizabeth DeJesus
Maria Ramos
Amira Battle
Deborah McAndrews
Dennis McGlaughlin



CIRCUS DREAMS

Circus brings us all together by learning something new and engaging, through the spirit of play and collaboration. There is something about the circus that draws us back every time and it's not a big secret. It's simple! The circus is fun. Staying active is important for health and learning circus technique is also a great way to keep our minds sharp. In this 12 week program you'll learn theatrical clowning, juggling, hooping, feats of balance, and poi spinning from circus artists Jenny Hill and Chris Tamburro. This inspiring circus experience culminates in a group celebration that demonstrates the joy, dedication, and collaborative effort that is inherent in circus arts. This will be open to the attendance of family, friends, and community members. We look forward to meeting you under the Big Top at White Rose!

Sessions are the following Mondays and Fridays, from 10:30 - 11:30. Wear comfortable clothing and shoes for movement.

Sept. 18, 22, 25, 29

Oct. 2, 13, 16, 20, 23, 27, 30

Nov. 3, 6, 13, 17, 27

Dec. 1, 4, 8, 11, 15, 18



Teaching artists Chris Tamburro, left, of Lancaster City, and Jenny Hill, of East Greenville in Montgomery County, encourage creativity as seniors celebrate the culmination of a 14-week circus-themed residency at Golden Connections Community Center in York Township, Wednesday, Aug. 17, 2022. Dawn J. Sagert photo



YARN CRAFTERS Bazaar



HAVE A JOLLY HOLLY HOLIDAY SEASON
AT OUR BAZAAR!

**Featuring hand knit and crochet items,
including hats, scarves, hanging dish
towels, pot holders, scrubbies,
headbands, cowls, ponchos, and
miscellaneous attic treasures jewelry.**

**Admission is free! Invite your
friends and family to shop around.**

THURSDAY NOVEMBER 30

FRIDAY DECEMBER 1

All proceeds to benefit
White Rose Senior Center





Friday December 22nd

Christmas Party

10:00 – 12:00

Christmas Photos with *The Grinch* and light refreshments will be served. Please sign up.

Zumba Gold®

with Heather Cintron



Every Wednesday
10:30-11:15

Yarn Crafters

EVERY WEDNESDAY
& THURSDAY
9:00-2:00



Strength & Balance Chair Yoga

w/ Stephanie

NEW! **Tuesdays**
w/ Stephanie
12:00-1:00

Chair Yoga

w/ Stephanie

Fridays
12:00-1:00





Fresh Express will continue to be distributed at approximately 10:00 am. You are expected to come inside with your cart/bags/boxes to go through the line and have your products handed off to you. You will not go through the line until your table is called up to retrieve your products.

Tables will be called in a **Random Order**. We are serving approximately 180 individuals, while supplies last. **You will not go through the food line until your table is called, by the table you are seated at.** Please remember, we do not provide bags or boxes. **Please treat Staff, Volunteers, and other Members with respect.**

In December, there is only ONE Fresh Express Distribution. (December 14th)

You are required to follow the rules. If you do not want to follow the rules, you will be asked to leave.

New Year's Pot Luck



Thursday December 28th

10:00

All items must be store bought and pre-packaged for your safety.

Please sign up to bring something!

*Please arrive on time if you are signed up to bring something.

Equine Singers

Wednesday December 13th @



10:00

Christmas
Performance



Millek's & Lydia's Pretzel Sandwiches

Pretzel Sandwiches:

\$6.00

Flour Wraps:

\$6.00

Subs:

\$7.00



Sale: December 1st – 20th

Money/Orders due by Dec. 20th

Delivery: Dec. 27th

Shady Maple Trip

Departure time from Center at 9:30 am.

Depart from Shady Maple at 2:00 pm.

Tuesday December 5th, 2023

Lunch is approximately

\$21.00

\$13.50 for Rabbit.

(Must pay for Rabbit when signing up. You will pay for your own meal when you arrive)

There will not be any refunds issued unless Trip is cancelled. (7) needed to make the trip happen!

*Must be 65+ to ride
Rabbit Transit.*

Scam Warning: Calls from Fraudsters Target Seniors and People with Disabilities Who Have Applied for PTRR

The scam calls are reportedly targeting people who have applied for a rebate through the Property Tax/Rent Rebate program

Harrisburg, PA — **Secretary of Revenue Pat Browne** today issued a warning on a scam that is targeting older Pennsylvanians and people with disabilities who have applied for a rebate through Pennsylvania's Property Tax/Rent Rebate program.

According to the Pennsylvania Treasury Department, applicants of the program have been receiving calls from scammers who are asking for their bank account information to facilitate the payment of their rebates through direct deposit. The callers falsely claim they are from Treasury as part of this scheme.

"We want everyone to know that the Treasury Department and the Department of Revenue will never call applicants of this program and ask for their bank information," **Secretary Browne** said. "No one should give out this sensitive personal information over the phone from an unsolicited caller. If you have any suspicion at all that a call like this is a scam, hang up the phone immediately."

As a reminder, applicants of the [Property Tax/Rent Rebate program](#) have the option of including their banking information on their application forms to receive their rebates through direct deposit. Including this information on the application expedites the payment of your rebate, but it is not required. Applicants who do not include their banking information will be mailed a paper check. You can check the status of your rebate by using the [Where's My Rebate?](#) tool or by contacting the Department of Revenue through the [Online Customer Service Center](#).

About the Property Tax/Rent Rebate program

The rebate program benefits eligible Pennsylvanians age 65 and older; widows and widowers age 50 and older; and people with disabilities age 18 and older. Since its inception in 1971, the PTRR program has delivered more than \$8 billion in property tax and rent relief to some of Pennsylvania's most vulnerable residents. The PTRR program is supported by the Pennsylvania Lottery and receives funding from gaming. It's free to apply for a rebate, and applicants are reminded that free assistance is available at hundreds of locations across the state, including [Department of Revenue district offices](#), [local Area Agencies on Aging](#), senior centers, and state legislators' office.

As a reminder, applicants must reapply for rebates every year because rebates are based on annual income and property taxes or rent paid in each year. The deadline to apply for a rebate on property taxes or rent paid in 2022 is Dec. 31, 2023. Starting next year, the Property Tax/Rent Rebate program will be expanded to nearly 175,000 additional Pennsylvanians and the maximum standard rebate will be increased to \$1,000 (up from \$650). **Governor Josh Shapiro** recently signed into law [a historic expansion of the program](#), making good on the commitment he made to Pennsylvania seniors, widows and widowers, and people with disabilities during his campaign and in his budget address to ease the burden of rising costs. In January, the Department of Revenue will release additional information on how eligible Pennsylvanians can take advantage of the expanded program.



2023-2024 WINTER MOBILE PRODUCE MARKET



Earn a \$2 Food Buck coupon for every \$2 you spend using your access card



Affordable farm fresh produce grown and harvested in the City of York

EVERY THURSDAY
12-2 pm
White Rose Senior Center
27 S. Broad St.

EVERY FRIDAY
11-1 pm
YMCA
90 N Newberry St.

EVERY SATURDAY
12-2 pm
Parkway
Corner of Willis & Parkway

WE ACCEPT:

- SNAP/EBT
- WIC & Senior Farmers Market Checks
- WellSpan Market Bucks Vouchers
- Cash, debit/credit cards



Volunteer with York Fresh Food Farms for the 2024 growing and farmer's market season!

Volunteers have the opportunity to get involved in the farm and/or farmer's market operations. Call or email to apply.

717.515.4799 • yorkfreshproduce@gmail.com • 150 Willis Rd. • yorkfreshfoodfarms.org •  

Know the symptoms of COVID-19, which can include the following:



If you test Positive for Covid or are feeling symptoms!

Day 0 is the day symptoms started

Day 1 is the first day after symptoms started.

You can end isolation after Day 5, if your symptoms are improving and you are fever free for 24 hours without medication.

If you end isolation, you should wear a mask through Day 10 and avoid people who are more likely to get very sick from Covid.

You can stop with the mask earlier than Day 10 if you take 2 negative tests at least 48 hours apart.



IN CASE OF INCLEMENT WEATHER, THE CENTER MAY BE CLOSED. IF WE ARE CLOSED, WE WILL HAVE IT AIRED ON WGAL8 TV (CHANNEL 3 FOR MOST PEOPLE) OR ABC27 SNOW WATCH (CHANNEL 6 FOR MOST PEOPLE) BY 7:00 AM. WE WILL ALSO POST IT TO OUR FACEBOOK PAGE. IF WE ARE OPEN, PLEASE USE YOUR OWN DISCRETION AS TO WHETHER YOU WANT TO COME TO THE CENTER OR NOT. WE APPRECIATE WHEN YOU ARE HERE; HOWEVER, YOUR SAFETY IS OUR NUMBER ONE CONCERN.

SECRET PAL:



THIS IS THE FINAL MONTH TO SHOW
YOUR SECRET PAL THAT YOU CARE.

PLEASE REMEMBER TO SEND A
CARD FOR CHRISTMAS! 2023 SECRET
PALS WILL BE REVEALED DURING
THE REVEAL PARTY JANUARY 2024.

IT'S IMPORTANT YOU KEEP IT A
SECRET UNTIL THEN! REMEMBER,
DURING THE 2024 REVEAL PARTY,
YOU MUST BRING YOUR SECRET PAL
A \$5.00 GIFT.

This announcement is in regards to **bed bugs** and to remind everyone that if you feel as though you may have them, **YOU MUST CONTACT AN EXTERMINATOR.**



We also ask that you do not come back to the center until you know they have been exterminated (this could take a couple of weeks)!

If you live in Broad Park Manor, (one of the towers on King St. & Broad St.) you can contact Maintenance (717-843-6309) & Penn Pest will come to your home with no cost to you! Please keep this in mind so we can protect our members & our staff. Bed bugs are not biased pests. You can contract them from **ANY WHERE**. Such as yard sales, movie theaters, someone else's home and again they are not biased, **it can happen to anyone.** Thank you for your cooperation!



Remember, you must pre-register for your meal.

This is to ensure that we order enough meals. Lunch will be served inside by takeout containers. You are welcome to eat inside the building, or take your meal to go. Lunch will be served Monday through Friday, **at approximately 11:30** (please know that this is subject to change based on delivery times from Nutrition Group- our food provider). It is your responsibility to **Pre-Register** for your own meals (**We will train you on Co-Pilot and ask that you pre-register at least two business days in advance**). Lunches *cannot* be held for the following day due to limited refrigerator space. With **in person operating hours of 9am-2pm**, we are hopeful you will join us inside! Lunch will be served at 11:30 promptly following our Meal Time prayer. If you are pre-registered for your lunch, **please be here on time**. We will call you to retrieve your lunch by the table you are seated at (if you choose to eat inside).

For those who are grabbing their meals and leaving, it is important that you are here **AT 11:30** to ensure you receive your meal. After **11:35** we start distributing meals on a first come, first served basis.

***** Menu is always subject to change based on Nutrition Group*****

Thank you for your cooperation!



Hunger Free York

York County Food Bank

The Senior Box Program is a federal initiative designed to improve the health and nutrition of income eligible seniors. Seniors receive a box of free food each month, which helps stretch their limited income.

Every month, the Senior Food Box Program provides over 2,000 seniors with a free box of food to help stretch their incomes and improve their nutritional health. Boxes typically include milk, juice, canned meat, poultry, or fish, oats, ready-to-eat cereal, rice, pasta, dry beans, peanut butter, and canned fruits and vegetables.

Do You Qualify?

- Must be 60 or older and living in York County
- Monthly Income Requirements
 - Household of 1: \$1,580
 - Household of 2: \$2,137
- *Must have valid ID

If you do not receive your box for (3) months, York County Food Bank will remove you from the list!

CHECK OUT THE S.T.A.R.S. PROGRAMS

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person, 50 and over, are welcome to attend. The Winter 2023-2024 classes are as follows:

STARS Program Class: **Bingo and Lunch at Hoss’s Steak & Seahouse**

White Rose Senior Center and Springettsbury Township will offer “Bingo” at Hoss’s Steak & Seahouse. Prizes will be given to all of the winners. Lunch will be served prior to Bingo. Come and join in the fun!

Date: January 17, 2024

Day: Wednesday

Time: 11:00 – 1:30pm

Location: Hoss’s Steak & Seahouse – 3604 E. Market St, York, PA 17402

Cost: \$5.00 payable to Springettsbury Township **prior to the class for bingo**. (No Resident / Non-Resident Differentiation); Lunch is on your own. (Approximately \$11.00-\$13.00 for your meal and beverage) You must eat there in order to play bingo!



STARS Program Class: **Needlefelted Snowlady** Mary Jane will teach you how to use a barbed needle and wool roving to fashion this cute winter Snowlady. We will make the body and then add mittens, shawl and a fancy bonnet. Many colors will be available for these accessories.

Supplies: Bring a car wash sponge.

Instructor: Mary Jane Miller

Date: January 23, 2024

Day: Tuesday

Time: 2:00 – 4:00pm

Location: White Rose Senior Center

27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 8 Participants



STARS Program Class: **Valentine Heart Sachet** Marti Leader will show you how to create a Valentine Heart Sachet. These are adorable and have a scent of lavender in them. You will hand stitch, embroider, and embellish the sachets to make them unique. One will be completed at the class. This is a sweet gift for someone special!

Supplies: Scissors and all other supplies provided by the instructor

Instructor: Marti Leader

Date: January 30, 2024

Day: Tuesday

Time: 2:00 – 4:00pm

Location: White Rose Senior Center

27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury

Township Prior To Class

Maximum for Class: 8 Participants



STARS Program Class: **Heart Plaque** Welcome love on February 14th by crafting a heart plaque to hang on your door. Judy Enders has antique valentines to share with you. If you may desire to put a personal picture on your heart, feel free to bring it along. Many embellishments will be available to make your project unique!

Supplies: Scissors and glue/mod podge. All other supplies will be provided by the instructor.

Instructor: Judy Enders

Date: February 6, 2024

Day: Tuesday

Time: 2:00 – 4:00pm

Location: White Rose Senior Center

27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 8 Participants



STARS Program Class: **Folded Fabric Easter Eggs**

Since we enjoyed the Folded Fabric Christmas Ornaments so much, Becky Hickey decided to show us how to make a Fabric Folded Easter Egg. The egg will be 4” x 6”. You will choose pre-cut fabrics to create a beautiful egg to display during Easter.

Supplies: Scissors. All other supplies will be provided by the instructor.

Instructor: Becky Hickey

Date: February 20, 2024

Day: Tuesday

Time: 2:00 – 4:00pm

Location: White Rose Senior Center

27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury

Township Prior to Class

Maximum for Class: 10 Participants



STARS Program Class: **Yellow Bird Pincushion** Mary Jane Miller will show you how to make this wool pincushion using a small amount of simple hand sewing and then embellishing with a few easy embroidery stitches.

Supplies: Students should bring fabric scissors, straight pins and sewing needles. Everything else will be provided.

Instructor: Mary Jane Miller

Date: February 27, 2024

Day: Tuesday

Time: 2:00 – 4:00pm

Location: White Rose Senior Center

27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury

Township Prior to Class

Maximum for Class: 8 participants



For additional questions, contact Lisa Krout at White Rose Senior Center (717-843-9704), Maribel Batista or Brandy Shope at Springettsbury Township (717-757-3521).