









# January

York County

Monday/Lunes	Tuesday/Martes	Wednesday/Miércoles	Thursday/Jueves	Friday/Viernes
<b>Feliz Año Nuevo !</b>  <b>1</b>	<b>2</b> Philly Cheeseburger w/ Provolone, Peppers, & Onions 1/2c Potato Salad Sandwich Roll Fresh Seasonal Fruit 	<b>3</b> Balsamic Glazed Chicken w/ Tomatoes & Mozzarella Cheese 1/2c Penne Pasta 1/2c Green Beans 1 Dinner Roll 1/2c Fruited Gelatin 	<b>4</b> Cabbage Casserole w/ 2oz Sauce 1c Tossed Salad 1/2c Carrots 1 White Bread Seasonal Fresh Fruit	<b>5</b> Baked Pollock 1/2c Macaroni & Cheese 1/2c Spinach 1 Wheat Bread 1/2c Mandarin Oranges
<b>8</b> Swedish Meatballs (4) 1/2c. Rice 1/2c Peas 1 Wheat Bread 1/2c Apple Crisp	<b>9</b> Cheese Omelet w/ Ham, Peppers, Onions 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	<b>10</b> Lemon Dijon Pork Loin 1/2c Buttered Pasta 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pineapple Tidbits 	<b>11</b> <b>Picnic Lunch</b> Sliced Turkey on Whole Bread Lettuce & Tomato Potato Salad Fresh Fruit Brownie Milk	<b>12</b> Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange
<b>Center is Closed</b> <i>I Have A Dream</i>  <b>Martin Luther King, Jr. Day</b>	<b>16</b> Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad	<b>17</b> 1c Chili 1oz Shredded Cheddar Cheese 1/2c Peas Cornbread Fresh Fruit 	<b>18</b> Creamy Chicken Salad Sandwich Lettuce & Tomato 1c Cream of Broccoli Soup 2 Whole Wheat Bread 1/2c Cinnamon Applesauce	<b>19</b> Pepper Steak w/ Onions & Peppers 1/2c Whipped Potatoes 1/2c Diced Carrots 1 Wheat Bread 1/2c Blushed Pears
<b>22</b> Winter Beef Stew 1/2c Mixed Vegetables Cornbread 1/2c Sliced Apples	<b>23</b> Chicken Cobb Salad (Diced Chicken, Egg, Bacon Bits, Cheddar, over 1c. Mixed Greens 1/2c. Diced Beets 1 Dinner Roll 1/2c Mixed Fruit	<b>24</b> Sweet & Sour Meatballs 1/2c. Rice 1/2c Peas 1 Wheat Bread Seasonal Fresh Fruit	<b>25</b> <b>Picnic Lunch</b> Sweet Bologna & American Cheese Lettuce & Tomato Coleslaw Fresh Fruit Cookie Milk	<b>26</b> Honey Rosemary Chicken 1/2c Buttered Noodles 1/2c Green Beans 1 Dinner Roll 1/2c Peaches 
<b>29</b> Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pears	<b>30</b> Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Peas 1 White Bread Seasonal Fresh Fruit	<b>31</b> Grilled Chicken Salad (2oz Chicken, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin	 <i>*menu subject to change based on availability</i>	