March

York County

Monday	Tuesday	Wednesday	Thursday	Friday
The Nutrition Group				**1** Breaded Fish Sandwich 1/2c Cheesy Potatoes 1/2c Peas 1 Hamburger Bun 1/2c Cottage Cheese & Peaches
4 Pot Roast w/ Gravy 1/2c Parsley Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp	**5** Chicken Marsala w/ 2oz Mushroom Sauce 1/2c. Blended Rice 1/2c Green Beans 1 Breadstick 1/2c Applesauce	**6** Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad	**7** Pepper Steak w/ Onions & Peppers 1/2c Whipped Potatoes 1/2c Diced Carrots 1 Wheat Bread 1/2c Blushed Pears	**8** Creamy Egg Salad Sandwich Lettuce & Tomato 1c Tomato Soup w/ Crackers 2 Whole Wheat Bread 1/2c Cinnamon Applesauce
11 BBQ Pulled Pork 1/2c Creamy Coleslaw 1/2c Green Beans 1 Sandwich Roll Seasonal Fresh Fruit	**12** Cheeseburger Stroganoff 1/2c Green Beans 1 Breadstick Fresh Fruit **NEW ITEM**	**13** Chicken Cobb Salad (Diced Chicken, Egg, Bacon Bits, Cheddar, over 1c. Mixed Greens 1/2c. Diced Beets 1 Dinner Roll 1/2c Pudding	**14** **Picnic Lunch** Tuna Salad on a Wheat Bread Fruit Juice Cucumber Salad Cookie Milk	**15** Vegetable Lasagna Topped w/ Cream Sauce 1c Tossed Salad w/ Dressing Garlic Breadstick 1/2c Fruit Cocktail
18 Honey Rosemary Chicken 1/2c Diced Potatoes 1/2c Green Beans 1 White Bread 1/2c Peaches **NEW ITEM**	**19** Pizza Casserole 1c Tossed Salad 1/2c Coin Carrots 1 White Bread 1/2c Pudding	**20** Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Peas 1 White Bread Seasonal Fresh Fruit	**21** Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Corn 1 White Bread 1 Cookie	**22** Tuna Salad Sandwich w/lettuce & tomato 1c Cream of Potato Soup 2 White Bread Fresh Orange
25 BBQ Chicken Breast 1/2c Sweet Potatoes 1/2c Green Beans 1 Dinner Roll Seasonal Fresh Fruit	**26** Grilled Chicken Salad (2oz Chicken, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin	**27** Swedish Meatballs 1/2c Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pears *menu subject to change*	**28** **Picnic Lunch** Italian Sandwich Lettuce & Tomato Coleslaw Pasta Salad Fresh Fruit Cookie & Milk	**Good Friday!** **29** CLOSED