September

York County

Monday	Tuesday	Wednesday	Thursday	Friday
Nutrition Group			*menu subject to change	1-Sep Picnic Lunch Italian Sandwich Lettuce & Tomato Coleslaw Pasta Salad Fresh Fruit Lemonade
Happy Labor Day! 4	September 5	September 6	7-Sep	8-Sep
and the second	1/2c Sloppy Joe	Turkey Chef Salad	Picnic Lunch	1/2c Chicken & Biscuits
the state of the second se	1/2c Ranch Roasted Potatoes	(2oz Turkey, 1oz Cheddar, over	Chicken Salad w/ Lettuce &Tomato	1/2c Mixed Vegetables
	1/2c Green Beans	1c Mixed Greens w/ Tomato)	Macaroni Salad	2 Mini Biscuits
	1 Hamburger Bun	1/2c Three Bean Salad	Pickled Beets	1/2c Peaches
< LABUK >>	-	·		1/2C reaches
* DAY*	Seasonal Fresh Fruit	1 Dinner Roll	Seasonal Fresh Fruit	
		1/2c Gelatin	Fresh Fruit	
			Cookie & Iced tea	
September 11	September 12	September 13	September 14	September 15
1/2c Warm Roast Beef Sandwich W/Mozz.	1/2c Tuna Salad Sandwich	Orange Glazed Chicken Breast	Picnic Lunch	Chicken Parmesan
1/2c. Roasted Parmesan Redskins	w/lettuce & tomato	1/2c Buttered Pasta	Tuna Salad on a Wheat Roll	w/ 1oz Shredded Cheese
1/2c. Carrots	1/2c Coleslaw	1/2c California Blend	Fruit Juice	1/2c Rotini w/ Sauce
1 Sandwich Roll	2 White Bread	1 Wheat Bread	Cucumber Salad	1c Tossed Salad w/ Tomato
Fresh Banana	Fresh Orange	1/2c Pineapple Tidbits	Cookie	1 Italian Bread
			Lemonade	1/2c Mixed Fruit
September 18	September 19	September 20	September 21	September 22
Swiss Steak	1/2c Open Faced Turkey Sandwich	3 oz Chicken, Spinach & Cranberry Salad	Cheeseburger	Picnic Lunch
w/ 2oz Onion Gravy	w/ Gravy	w/ Dressing	w/ Lettuce, Tomato	Sliced Turkey on Wheat Bread
1/2c Parsley Potatoes	1/2c Whipped Potatoes w/ Chives	1c. Mixed Greens & Spinach	1/2c Potato Salad	Lettuce & Tomato
1/2c Diced Carrots	1/2c Sweet Corn	1/2c. Pickled Diced Beets	1 Hamburger Roll	Potato Salad
1 Wheat Bread	1 White Bread	1 Breadstick	Seasonal Fresh Fruit	Fresh Fruit
1/2c Blushed Pears	1 Cookie	1/2c Peaches		Brownie
				Lemonade
September 25	September 26	September 27	September 28	September 29
• Burgundy Glazed Meatballs (4)	1/2c Seafood Salad	Picnic Lunch	Picnic Lunch	Cheddar Cheese Omelet
1/2c Rice	Over 1c. Mixed Greens w/	Italian Sandwich	Sweet Bologna & American Cheese	w/ Ham, Peppers, Onions, Cheese
1/2c Green Beans	Tomato & Hardboiled Egg	Lettuce & Tomato	Lettuce & Tomato	1 Sausage Patty
1 Wheat Bread	1/2c Fresh Broccoli Salad	Coleslaw	Coleslaw	1/2c Breakfast Potatoes
1/2c Mandarin Oranges	1 Dinner Roll	Pasta Salad	Fresh Fruit	1 English Muffin w/ Jelly
	1/2c. Pineapple	Fresh Fruit	Cookie	4oz Apple Juice
		Lemonade	Iced Tea	